



Southwest Sprinters Track Club Membership Application

4706 Pine Circle • Bellaire, TX 77401 • (713) 201-1934

First Name: _____ Last Name: _____

Address1 _____

Address2 _____

City: _____ State: _____ Zip: _____

Date of Birth _____ Category (Check one) Open Men Women

Daytime Phone _____ Evening Phone _____

Events - Indoor Performance
(Check all that apply) (Within past 5 years)

<input type="checkbox"/>	60M	<input type="checkbox"/>
<input type="checkbox"/>	200M	<input type="checkbox"/>
<input type="checkbox"/>	300M	<input type="checkbox"/>
<input type="checkbox"/>	400M	<input type="checkbox"/>
<input type="checkbox"/>	800M	<input type="checkbox"/>
<input type="checkbox"/>	1500M	<input type="checkbox"/>
<input type="checkbox"/>	1600M	<input type="checkbox"/>
<input type="checkbox"/>	3000M walk/run	<input type="checkbox"/>
<input type="checkbox"/>	60M Hurdles	<input type="checkbox"/>
<input type="checkbox"/>	Pentathlon	<input type="checkbox"/>
<input type="checkbox"/>	Weight Throw	<input type="checkbox"/>
<input type="checkbox"/>	Shot Put	<input type="checkbox"/>
<input type="checkbox"/>	Long Jump	<input type="checkbox"/>
<input type="checkbox"/>	High Jump	<input type="checkbox"/>
<input type="checkbox"/>	Triple Jump	<input type="checkbox"/>
<input type="checkbox"/>	4x200 Relay	<input type="checkbox"/>
<input type="checkbox"/>	4x400 Relay	<input type="checkbox"/>
<input type="checkbox"/>	4x800 Relay	<input type="checkbox"/>

Events - Outdoor Performance
(Check all that apply) (Within past 5 years)

<input type="checkbox"/>	100M	<input type="checkbox"/>
<input type="checkbox"/>	200M	<input type="checkbox"/>
<input type="checkbox"/>	400M	<input type="checkbox"/>
<input type="checkbox"/>	800M	<input type="checkbox"/>
<input type="checkbox"/>	1500M	<input type="checkbox"/>
<input type="checkbox"/>	1600M	<input type="checkbox"/>
<input type="checkbox"/>	100M Hurdles	<input type="checkbox"/>
<input type="checkbox"/>	110M Hurdles	<input type="checkbox"/>
<input type="checkbox"/>	400M Hurdles	<input type="checkbox"/>
<input type="checkbox"/>	3000M Steeplechase	<input type="checkbox"/>
<input type="checkbox"/>	5000m Racewalk	<input type="checkbox"/>
<input type="checkbox"/>	Weight Throw	<input type="checkbox"/>
<input type="checkbox"/>	Shot Put	<input type="checkbox"/>
<input type="checkbox"/>	Long Jump	<input type="checkbox"/>
<input type="checkbox"/>	High Jump	<input type="checkbox"/>
<input type="checkbox"/>	Triple Jump	<input type="checkbox"/>
<input type="checkbox"/>	Weight Throw	<input type="checkbox"/>
<input type="checkbox"/>	Shot Put	<input type="checkbox"/>
<input type="checkbox"/>	Discus Throw	<input type="checkbox"/>
<input type="checkbox"/>	Hammer Throw	<input type="checkbox"/>
<input type="checkbox"/>	Javelin	<input type="checkbox"/>
<input type="checkbox"/>	Decathlon	<input type="checkbox"/>
<input type="checkbox"/>	Heptathlon	<input type="checkbox"/>
<input type="checkbox"/>	4x100 Relay	<input type="checkbox"/>
<input type="checkbox"/>	4x400 Relay	<input type="checkbox"/>
<input type="checkbox"/>	4x800 Relay	<input type="checkbox"/>

eMail Completed Form:

To: Antwon Dussett (amd_running@yahoo.com)

CC: David Jones (David.F.Jones@Shell.com)

Subject: SWS Application

Club Membership Application Waiver

I know that running and/or volunteering to work in club races are potentially hazardous activities. Furthermore, I understand that I should not participate in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with club activities including, but not limited to, falls, contact with other participants, the effects of the weather, high heat and/or humidity, the conditions of the road and traffic, and any other such risks known and unknown.

Having read this waiver, knowing these facts, submitting this application for the club's consideration and acceptance, I, for myself and anyone entitled to act on my behalf, waive and release the Southwest Sprinters Track Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.